GOVERNMENT OF INDIA
HEALTH AND FAMILY WELFARE
LOK SABHA

UNSTARRED QUESTION NO:639
ANSWERED ON:21.11.2007
INFLUENCE OF COCONUT OIL ON CARDIAC HEALTH
Thomas Shri P.C.

Will the Minister of HEALTH AND FAMILY WELFARE be pleased to state:

(a) whether Sree Chitra Tirunal Institute for Medical Sciences and Technology, Thiruvananthapuram has made a study on the influence of coconut oil on cardiac health; and

(b) if so, the details thereof and the results thereon?

Answer

THE MINISTER OF THE STATE IN THE MINISTRY OF HEALTH AND FAMILY WELFARE (DR. ANBUMANI RAMDOSS)

(a) & (b) According to Indian Council of Medical Research (ICMR), the study entitled "Coconut oil and incidence of coronary artery disease in Kerala" was done at Sree Chitra Tirunal Institute for Medical Sciences and Technology, Thiruvananthapuram. The study indicates that consumption of coconut oil has no effect on lipid metabolism leading to coronary artery disease.